

Top Harvests for March – Allyship



Kāshā ushyeh

Write

Have you experienced working in a relationship of allyship (as an ally and/or with an ally)? What was positive about this experience? What was challenging?

Read

Ts'msyen: Inside the Skeena River: We are the people of Kitsumkalum
<https://kitsumkalum.com/wp-content/uploads/2017/09/11x17-Kitsumkalum-TsmsyenPOSTER2017.pdf>

Kitsumkalum Band: OUR CULTURE
<https://kitsumkalum.com/about/our-culture/>

Listen

The Equity Gap: Dear white people: here is what you really need to know about allyship (Feb. '23: 24 mins).

<https://podcasts.apple.com/ca/podcast/the-equity-gap/id1455051938>

Gritty Nurse Podcast: An Indigenous nurse's perspective- healthcare, colonialism and allyship ('21: 60 mins).

<https://www.grittynurse.com/podcast/episode/1dda8ac5/an-indigenous-nurses-perspective-healthcare-colonialism-and-allyship>

Watch

5 Tips For Being An Ally:

https://youtu.be/_dg86g-QIM0

Take Action

ChatReconciliACTION with guest Harlan Pruden: Water Teachings. Fri. April 21 10 AM to 11:30 AM

150 Acts of Reconciliation:

<https://activehistory.ca/2017/08/150-acts-of-reconciliation-for-the-last-150-days-of-canadas-150/>

Home On Native Land: A free self-guided course about Indigenous justice in Canada.

<https://homeonnativeland.com/>

Beyond 94: Progress on the Calls to Action: [Truth and Reconciliation in Canada](#)